

CONTINUING OUR QUEST: the Heroine's Journey, The Goddess within and Transformation

Archeological evidence reveals to us that women have been great wisdom keepers through the ages. A literal unearthing of a great Goddess and her mythologies have been found in many sacred sites. A multitude of symbols and images reveal the feminine principle as an eternal archetype embodied in the fabric of communal life. Today there is a spiritual resurgence among women who have a yearning to understand their life purpose; a longing to live meaningful lives with spirit and community. In this class series we will utilize mythology, elder wisdom and archetypes to follow the map of the feminine spirit that moves through our inner and outer journeys. We will deepen our individual journey by building our community through ritual and ceremony, energy medicine and healing, movement and dance, outdoor work with nature, storytelling, imagery, and sound. This class series will be structured around the following topics:

- Archetypes, myths and the goddess within.
- Energy patterns, loops, spirals and the heroine's journey.
- Vision quest: meeting our guides and teachers.
- Energy medicine, our inner temple and the chakra system.
- The art of healing, the elements and ceremony.

Optional meditation classes will also be offered via teleseminar in between classes on Fridays,

Dates: Fridays, June 26, July 17, Aug. 14, Sept. 18, Oct. 16, Nov. 13, Dec. 11, 2009

Time: 5:30-8:30 pm

Fee for the series: \$495.00

Location: Gestalt Institute of Cleveland, 1588 Hazel Dr., Cleveland, 44106

Co-leaders: Rosanna Zavarella, Ph.D. & Lalei Gutierrez, Ph.D. live and practice women's wisdom ways; they have taught these classes for the last 20 years.

To register: Pay by check or credit card to Rosanna Zavarella, Ph.D. at 14055 Cedar rd., #307. S. Euclid, Ohio 44118 or contact Lalei Gutierrez, Ph.D, at 440-333-4105 or Rosanna at 216-321-3025

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Phone _____ e-mail _____ Charge
card: _____ # _____ vcc _____ Expiration date _____